



# WINS CONTRIBUTION TO DISEASE PREVENTION

7TH INTERNATIONAL LEARNING EXCHANGE FOR WASH IN SCHOOLS

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Improvement & Evidence-based Dentistry



# STRUCTURE OF THE SESSION



**1**

HYDRATION FOR  
NUTRITION AND OBESITY  
PREVENTION

**MARIZON DURLAO**  
DEPED MANILA

**2**

ORAL HEALTH

**BELLA MONSE**  
GIZ REGIONAL FIT FOR SCHOOL  
PROGRAMME

**3**

SOIL-TRANSMITTED HELMINTH  
INFECTIONS

**VICENTE BELIZARIO JR**  
UNIVERSITY OF THE PHILIPPINES

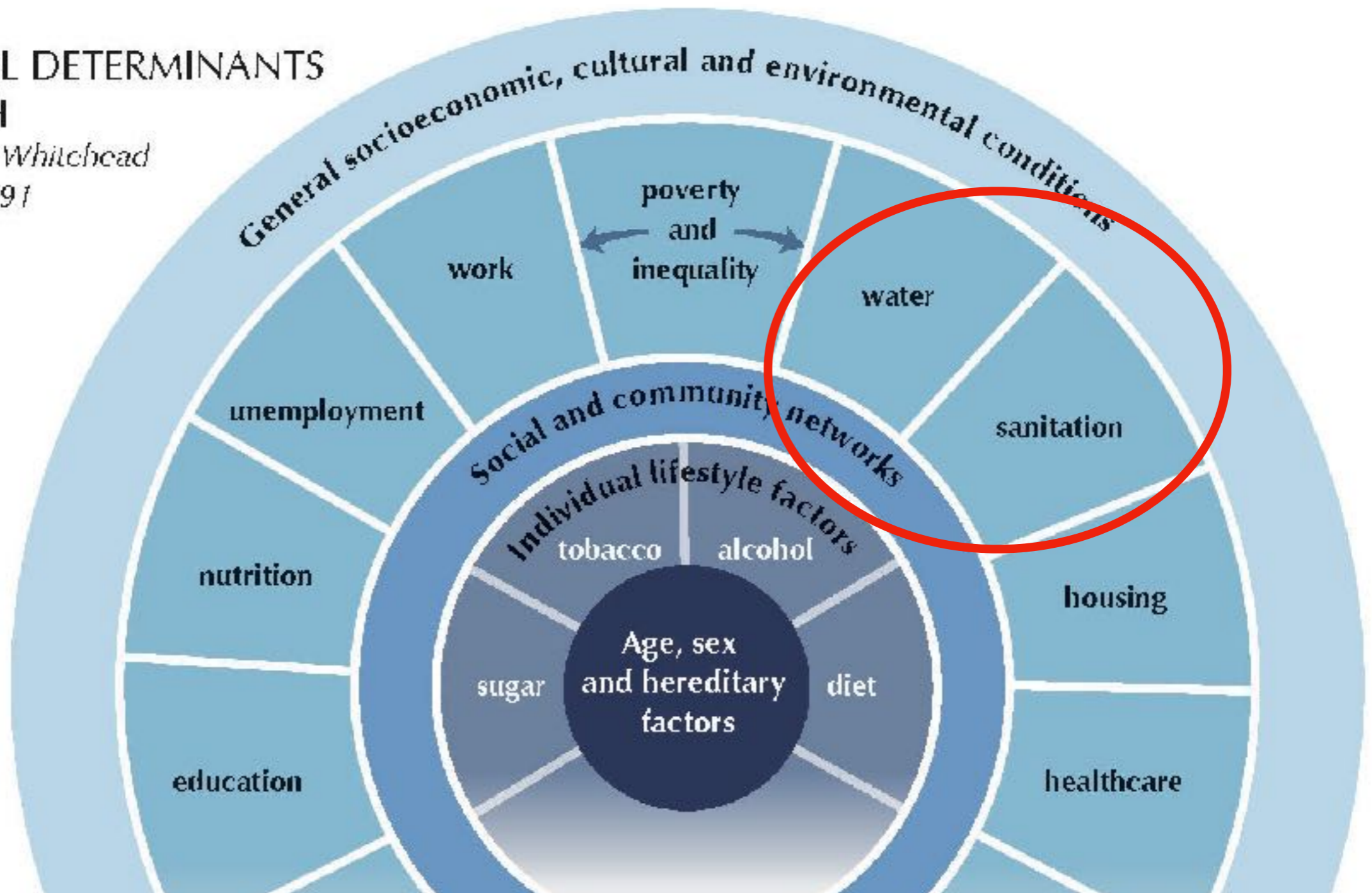
**4**

PANEL DISCUSSION - Q&A

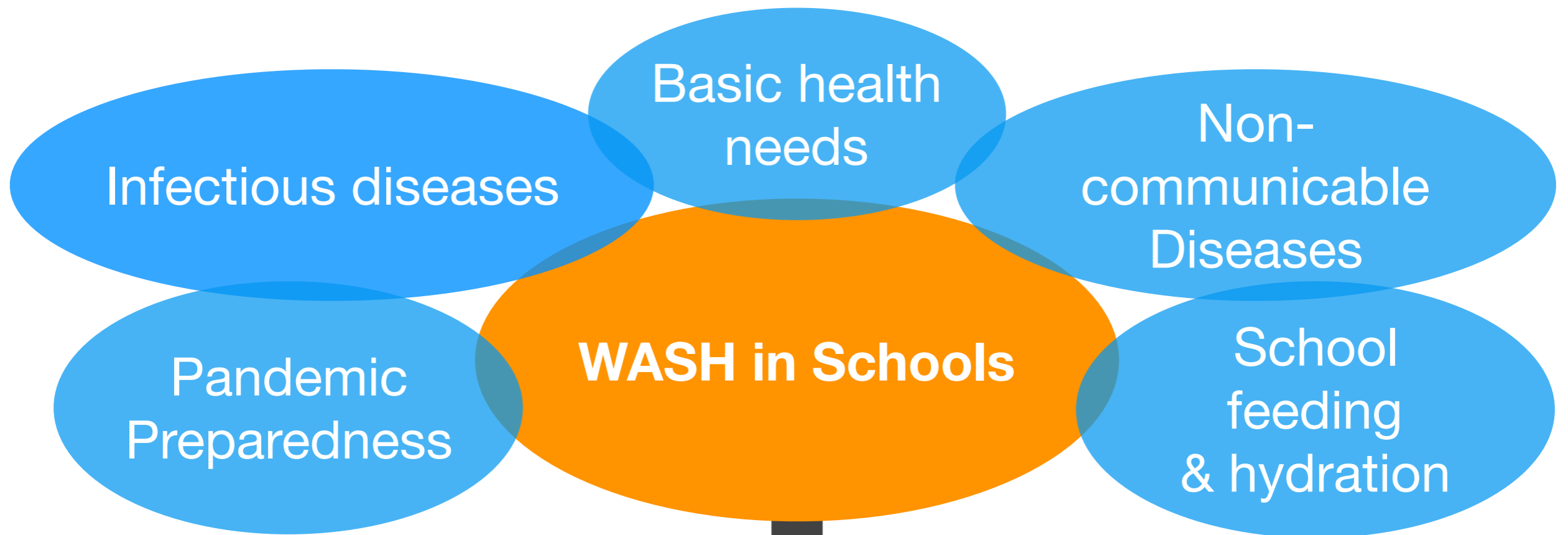


# THE SOCIAL DETERMINANTS OF HEALTH

*Modified from Whitehead & Dahlgren, 1991*



# Determinants of Health



**Improved health and education outcomes  
Better growth and development**

**WinS as enabling entry point  
of health improvements**

WinS & school health programmes contribute to **equity:**

All children participate and benefit in the same way



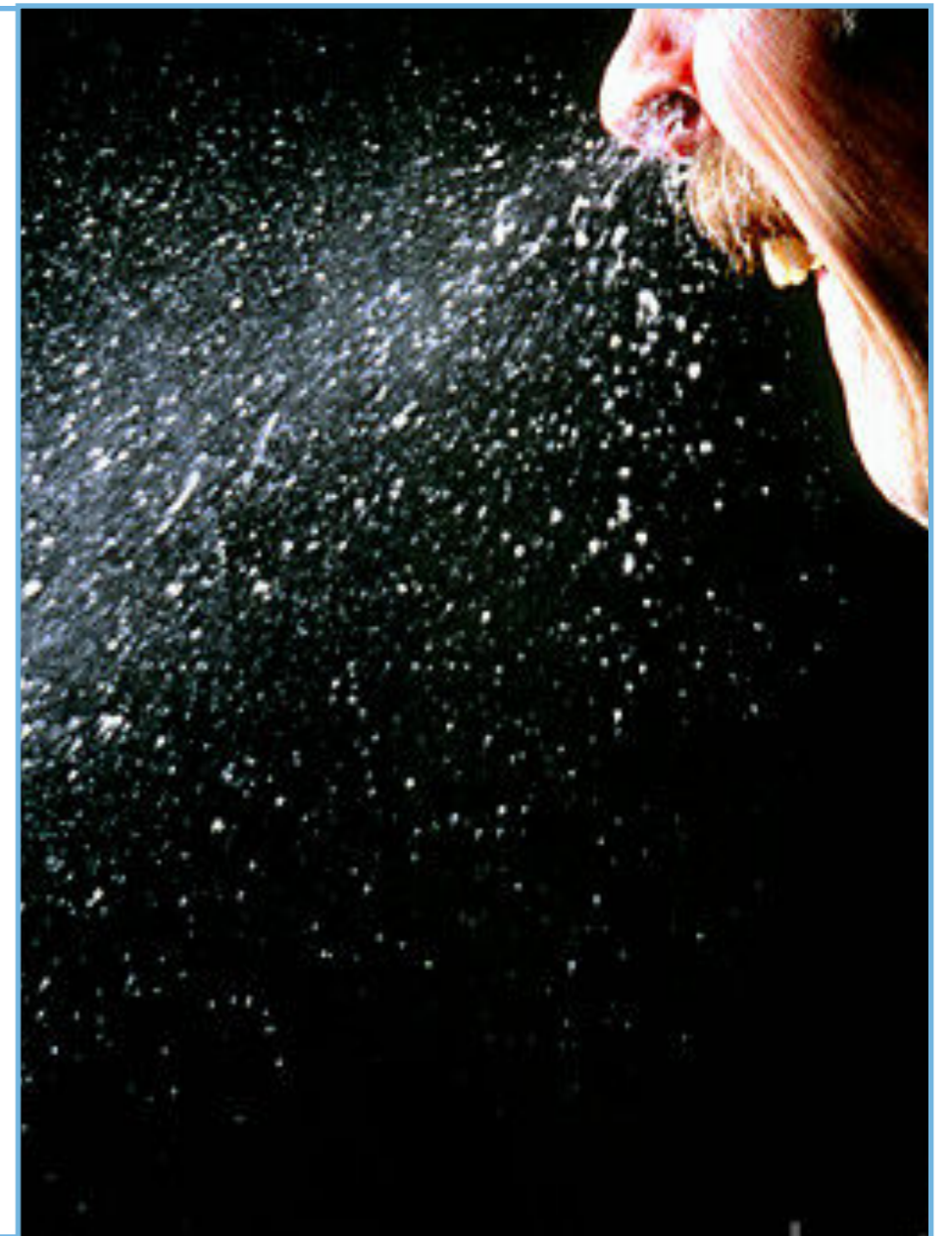
# Pandemics are a constant concern

- ▶ Recent pandemics of:
  - ▶ SARS (a type of 'flu)
  - ▶ H1N1
  - ▶ Ebola
  - ▶ Cholera
- ▶ Other natural (or man-made) disasters might also accelerate a pandemic - displaced populations in need of shelter and lacking basic



# What are the two main ways in which viruses spread?

- ▶ By contact with surfaces contaminated with virus particles
- ▶ By droplet (aerosol) contact with the respiratory linings (the nasal passages or mouth)
- ▶ The most important route is contact with surfaces



What part of  
the body  
touches many  
surfaces?





Universal &  
regular hand  
washing with  
soap





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